

## **Objects**

The objects of the society shall be for the public benefit to:

- a) The advancement of health through the promotion and support of healthy eating, social engagement and community resilience, including engaging with sections of the community struggling with deprivation, food poverty, isolation and ill-health
- b) Increase community cohesion and advance citizenship and community development through providing education and support to develop a culture of mutual aid and a supportive and sharing approach amongst businesses, producers and other stakeholders
- c) Advance community development by providing directly, and in conjunction with other like-minded organisations, facilities, services, support, training, education and information in order to bring communities together around healthy choices and lifestyles connected to nutritious food
- d) The advancement of education by developing the capacity and skills of the members of local communities in Bridport and the surrounding area so that they are better able to identify and meet their fundamental needs while promoting community empowerment and greater opportunities for participation
- e) Disseminating information, raising awareness and engaging with issues related to food security and a sustainable local food system, raising the visibility of ecological agricultural and horticultural practices, community food and best practices, while supporting and promoting lasting local networks in related farming and food systems.

## **The business of the society?**

Promoting and supporting healthy eating, social engagement and community resilience; developing the capacity and skills of the members of local communities; providing education and consultancy support; providing facilities, services, support, training, education and information; supporting and promoting lasting local networks; and disseminating information, raising awareness and engaging sectors of society in issues related to food security and a sustainable local food system.

## **What benefits we will deliver to the Community?**

Increased food security and the betterment of health and community development. Our Mission is to be a community hub providing access to nutritious food for all, forever.

Benefits to the community will include:

- Education on food health and security through developing knowledge, capacity and skills.
- Improved health - both mental and physical
- Increased social engagement.
- Increased community cohesion – greater access to community spaces
- A sense of ownership and belonging to a significant and meaningful community endeavour.
- Increased community resilience, food security and a more sustainable, affordable local food system in Bridport and surrounding areas.

## **How deliver these benefits?**

### Education

- Provision of information, awareness raising materials, films, discussions, invited speakers, organisation of events including skills workshops and sharing.

### Improved Health

- Improvement of both mental and physical health through meeting and eating together, volunteering opportunities, growing food;
- Improvement of physical health through increased knowledge and skills - about sourcing, preparing and eating good food; as well as increased consumption of nutritious food itself

### Social Engagement

- Opportunities for volunteering and involvement - including in food growing areas, meet and greet in a community hub, helping to prepare and serve food, organising and stewarding events, contributing skills to workshops.

### Community Cohesion

- Disparate communities will be able to access the food hub irrespective of financial status, through a number of means such as pay as you feel or pay it forward schemes.
- Child friendly café space with emphasis on support for those with sensory or ASD needs.
- Opportunities to grow and source good food to cook and eat together as a community.

### Community Resilience

- Arranging events to bring different parts of the food system together; or creating communications materials to this end.
- Opportunities for mutual understanding and connections e.g. consumers to meet food producers - thereby appreciating what it takes to produce good food (leading to better food choices); for local procurement bodies (schools and medical services) to link to local farmers
- Visibility of ecological agricultural and horticultural practices, community food and best practises

## **Does the society intend to work with a specific community, and if so, please define it here?**

Primarily people and organisations that live, work or are linked to Bridport and the surrounding area.

**In what ways intend to raise funds?**

- Apply for grants and funding.
- Donations.
- Share capital from members.

**What will the society do with any surplus or profits?**

Any profits of the Society shall be applied solely towards the promotion of the objects and do not belong to the Members.

**Please state any significant commercial agreements that the society has, or intends to have, with any other organisation that could create, or be perceived as creating, a conflict of interest.**

None.

**Please state any close links which any of the founding members or directors has, or intends to have with any society, company or authority.**

Candida Dunford Wood - Trustee of Green Cuisine Trust, Partner in Woodland Farm Partnership

Sarah Wilberforce - Trustee of Home in Bridport CIO; Director of Sustainable Bridport (formerly Transition Town Bridport) a charity Transition Town Bridport Limited, a charity exempt from registration.

Ian Bark - Trustee of Bridport Food Bank (Cupboard Love), Bridport Youth and Community Centre, and Bridport Citizens Advice Bureau